

PEC FLY / REAR DELT

HD-3900

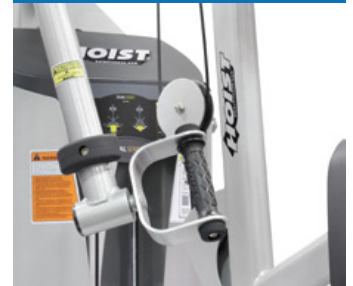
PEC FLY



REAR DELT



PIVOTING HAND GRIPS



ADJUSTABLE ARM POSITIONS



SPECS

PRODUCT DIMENSIONS (L X W X H)

66.50" X 55.50" X 77.75" (169 cm X 141 cm X 198 cm)

PRODUCT WEIGHT

649 lbs (294 kg)

661 lbs with RS-CAGE-NG-OPT1 (300 kg)

WEIGHT STACK

310 lbs (141 kg)

315 lbs with RS-CAGE-NG-OPT1 (143 kg)

FEATURES

- ◆ Swiveling handles with rotating grips provide multiple hand positions
- ◆ Multiple range-of-motion adjustments for both exercises
- ◆ Each exercise arm has dual pivots for user-defined exercise path
- ◆ Seven seat pad adjustments for varying user heights
- ◆ Optional 5 lbs Weight Upgrade (RS-CAGE-NG-OPT1)