



GLPH1100

Body-Solid - Leg Press Hack Squat Machine

*Olympic style plates only.
Weight plates sold separately.*



GLPH1100 **Leg Press Hack Squat Machine**

As you work your quads, glutes, and calves, the engineered smoothness of the Leg Press/Hack Squat Machine spares your bones and joints. Three lockout positions are under the user's control throughout the exercises and provide user safety and the option of different start/stop positions.

Dimensions: 56"H x 83"L x 34"W

Special Features

- Quad track roller system operates smoothly and distributes weight evenly
- Both back pads utilize a quick flip-and-lock mechanism
- Extra-heavy gauge Diamond Plate foot platforms for both Leg Press and Hack Squat positions.
- Easy-access under-carriage plate load system.
- Extra heavy duty 2"x4" 11-gauge steel mainframe minimizes torsional flex