

# BSTFM20 and BSTFMH Hanging Exercise Mat and Mat Hanger



**BSTFM20**



*Stack of Hanging Exercise Mats (BSTFM20) hanging on the Mat Hanger (BSTFMH)*



**BSTFMH**

## **BSTFM20 and BSTFMH** **Hanging Exercise Mat and Mat Hanger**

The Body-Solid Tools Hanging Exercise Mat offers unmatched comfort and quality for yoga, stretching, low-impact and core-based exercises.

Two reinforced eyelet rings allow users to hang the BSTFM20 on the BSTFMH, on a wall or a door, saving time between workouts.

Durable foam construction ensures the Body-Solid Tools Hanging Exercise Mat maintains both its shape and flatness over time while offering superior impact absorption and comfort. The non-slip surface is both water resistant and easy-to-clean, providing safety, stability and cleanliness to the Body-Solid Tools Hanging Exercise Mat before, after and during all workouts.

BSTFM20 Dimensions: 71" L x 23" W x 3/8" Thick

BSTFMH Dimensions: 7.2" Deep x 20.5" W x 2" H

## **Special Features**

- For use with yoga, stretching, low impact and core-based exercises
- Reinforced eyelets made for BSTFMH to hang mat on wall or door
- Quality foam construction offers durability and comfort
- Water-resistant & easy-to-clean non-slip surface
- Body-Solid Tools Foam Mat Hanger (BSTFMH) can hold up to ten mats at once
- Save space in workout facility
- (BSTFM20) Hanging Holes are 19 1/2" apart on center
- (BSTFMH) 19 1/4" between prong centers